

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 25: 200M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 15:28
Heat: 2/2 Lane : 6 Athlete: VERRET JULIE					Q-time: 02:34:52
PB (50m pool): 02:34.52 Antwerpen 20/07/2025					PB (25m pool): 02:40.52 SB: 02:41.18 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.53	01:13.39	01:53.71	02:34.52	
	00:34.53	00:38.86	00:40.32	00:40.81	
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:5, starttime: 15:39
Heat: 5/14 Lane : 7 Athlete: VAN OOSTERWYCK ALEXANDER					Q-time: 01:14:30
PB (50m pool): 01:14.30 Antwerpen 08/03/2026					PB (25m pool): 01:11.84 SB: 01:14.30 Antwerpen 08/03/2026
	5 0 M	1 0 0 M			
PB	00:35.85	01:14.30			
	00:35.85	00:38.45			
					

Coach feedback:

Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:2, starttime: 16:03	
Heat: 2/15 Lane : 7 Athlete: VASQUEZ ANNA							Q-time: 05:52:73	
PB (50m pool): no time			PB (25m pool): 05:52.73SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: ZS

Event number: 28: 100M FREESTYLE MEN 13-14			Heat:8, starttime: 17:38
Heat: 8/8 Lane : 6 Athlete: DE RIDDER ARNE			Q-time: 00:57:45
PB (50m pool): 00:57.45 Antwerpen 08/03/2026			PB (25m pool): 00:56.25 SB: 00:57.45 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:27.91	00:57.45	
	00:27.91	00:29.54	
			

Coach feedback: